

# Sample menu (Subject to change)

## Breakfast

(served 8.30am to 11.30am during peak times. Otherwise all day)

### Big Bug breakfast £9.95

2 sausages, 2 eggs, 2 hash brown, 2 bacon, tomato, mushrooms, beans & toast

### Chrysalis breakfast £7.50

sausages, egg, hash brown, bacon, tomato, mushrooms, beans & toast

### Small breakfast £4.95

sausages, egg, bacon, beans & toast

### 2 item breakfast bap £4.95

Your choice of 2 fillings

### Vegetarian/vegan breakfast V VG

Any of the above can be made vegetarian/vegan at same prices

### Eggs can be poached, scrambled or fried

Make your own breakfast £1.50 per item

### Eggs on toast £1.95

### Toast & jam £1.95

## Salads

Choose 4 for £4.95/extra £1.35

### Potato salad V GF

### Coleslaw V GF

### Cous cous V GF

### Pesto pasta V VG

### Five bean V VG

### Mixed leaf V VG

## Baguettes

freshly prepared £3.95 GF DF Available

### Tuna mayonnaise & cucumber

### Chicken mayonnaise

### Tomato, mozzarella & pesto V

### Cheese & chutney V

### Ham salad

## Main meals £9.50

### Pasta bolognese & garlic bread

### Scampi, chips & peas

### Bean chilli & rice V VG GF

### Warm quiche with new potatoes or chips and two salads

### Cheese & onion quiche V

### Cheese & ham quiche

### Daily blackboard main meal specials £6.50

### Soup of the day plus roll £4.95

**Loaded fries** £5.45

or

**Loaded nachos with guacamole/sour cream/salsa** £5.95

Pulled pork & cheese

Chilli & cheese

Sweet onion and blue cheese

## Quick bites

**Chips** £2.30

**Cheesy chips** £2.50

**Garlic bread** £3.00

**Cheesy garlic bread** £3.50

**Jacket Potatoes** £5.50

**Tuna mayonnaise**

**Beans**   

**Cheese**  

**Bean chilli**   

## CHILDRENS MENU

**Main meals** £4.95

Pasta bolognaise & garlic bread

Chicken bites & chips

Jacket potato & topping

**Childrens lunchbox** £4.50

Fruit shoot / carton

Crisps

Snacks: dairy milk or haribos or raisins

Sandwiches: Ham or Tuna mayo or Cheese

## CAKES AND PASTRIES

A selection of home-made cakes and bakes daily

**Crisps, chocolates and insect snacks available.**

## DRINKS

**Coffees** (milk alternatives available)

**Americano** £1.95

**White coffee** £2.10

**Latte** £2.20

**Espresso** £1.50

**Cappucino** £2.20

**Decaffeinated** £1.95

**Mocha** £2.70

**Flat white** £2.10

**Tea**

**Black tea** £1.50

**Earl grey** £1.50

**Fruit teas** £1.50

**Hot chocolate** £2.70

**Selection of soft drinks from the fridge** from £1.00

**Selection of sugar free drinks** from £1.00